

Name of host(s)

Cecilia Wu

Name of event:

Soundscapes of Inner Peace: A Curated Concert

City: NY, NY

Channels: Compositions may be designed for one to eight audio channels.

Media: Fixed media, multimedia work, live performance: all forms are welcome. We encourage you to draw inspiration from previous research and musical contributions to the field, adding your unique voice to this evolving discourse.

This Call transcends style expectations, and includes every sort of generative technique, including, for example, algorithmic music -- which can be meditative too. **Most fundamentally, this Call invites works that endorse or explore the notion that technology can play a role in improving humanity and wellbeing.**

This concert will occur on the same day as a Meditation Workshop led by Dr. Cecilia Wu, for the public and (free) for the Seamus community.

Date:

March 18, 2024

When will the rehearsals take place?

March 17 and 18

Must a programmed composer attend?

No, though it is strongly encouraged.

Maximum Length: 10 minutes.

Will event be documented?

Audio+selected video/photos

CONCEPT and SPACE:

The concert (and coordinated Workshop, also open to the public) will take place within one and/or two distinct settings: the captivating immersive environment of the Bobst Library Immersion Room or the intimate ambiance of the NYU Music Department Mercer Studio 501.

Background Details:

In the realm of contemplative practices, we find a unique confluence of artistic expression, scientific inquiry, and transformative human experiences. Music, as a powerful medium, has the capacity to traverse the boundaries of the conscious mind and delve into the depths of our inner worlds. Previous research and musical explorations in this interdisciplinary field draw from musicology, psychology,

neuroscience, anthropology, and religious studies to explore the multifaceted relationship between sound, music, and the human experience, uncovering new insights into how sonic practices can promote well-being and spiritual growth. We cordially invite you to submit your work for the "Soundscapes of Inner Peace" curated concert at SEAMUS' 2024 satellite concert in NY.

Rooted in the exploration of sound as a therapeutic and transformative force, this call for submissions draws upon the legacy of music designed for meditative purposes, emphasizing sonic meditation, deep listening, sound baths, and idiosyncratic compositions that aim to create immersive experiences conducive to calming and centering the body and mind.

Through this curated concert, we aim to initiate the conversation and envision building an emerging field at the intersection of music and mindfulness, which has further expanded our understanding of how sound can be harnessed to facilitate inner peace and holistic well-being. Composers and researchers have crafted compositions and sonic experiences that encourage listeners to not only hear but also physically engage with the music, creating a profound connection between body, mind, and sound.

In our pursuit of fostering a deeper understanding of the therapeutic potential of music, we will be also hosting both the concert and an "Embodied Sonic Meditation" workshop on the same day. This dual-event approach enables participants to engage with the works on both artistic and theoretical levels, promoting a comprehensive exploration of the transformative power of sound.